
















112 400m Freestyle Men Heat

Official

Rank	Competitor	Age	Club	RT	PTS	Result	
1	 Daniel Rigby (V)	S9	18	0.98	752	4:34.72 Entry: 4:34.11 +0.61	Q
	50m: 31.60 100m: 1:05.53 (33.93) 150m: 1:40.12 (34.59) 200m: 2:14.78 (34.66) 250m: 2:49.54 (34.76) 300m: 3:24.27 (34.73) 350m: 3:59.86 (35.59) 400m: 4:34.72 (34.86)						
2	 Kotarou Ogiwar	S8	23	0.80	685	4:54.57 Entry: 4:41.37 +13.20	Q
	50m: 32.03 100m: 1:07.13 (35.10) 150m: 1:43.30 (36.17) 200m: 2:21.07 (37.77) 250m: 2:59.37 (38.30) 300m: 3:38.26 (38.89) 350m: 4:17.21 (38.95) 400m: 4:54.57 (37.36)						
3	 James Haydon	S14	19 	0.76	642	4:44.42 Entry: 4:45.07 -0.65	Q
	50m: 29.61 100m: 1:03.68 (34.07) 150m: 1:39.39 (35.71) 200m: 2:15.80 (36.41) 250m: 2:52.91 (37.11) 300m: 3:30.29 (37.38) 350m: 4:08.01 (37.72) 400m: 4:44.42 (36.41)						
4	 David Beck	S14	29 	0.79	619	4:48.01 Entry: 4:36.65 +11.36	Q
	50m: 31.90 100m: 1:07.57 (35.67) 150m: 1:44.19 (36.62) 200m: 2:21.14 (36.95) 250m: 2:58.19 (37.05) 300m: 3:35.39 (37.20) 350m: 4:12.65 (37.26) 400m: 4:48.01 (35.36)						
5	 Thomas Magill	S19	17 	0.71	614	4:51.39 Entry: 4:36.02 +15.37	Q
	50m: 32.29 100m: 1:07.30 (35.01) 150m: 1:43.30 (36.00) 200m: 2:20.71 (37.41) 250m: 2:58.26 (37.55) 300m: 3:36.37 (38.11) 350m: 4:13.83 (37.46) 400m: 4:51.39 (37.56)						
6	 Hamish Keenar	S9	17	0.71	602	4:55.92 Entry: 4:50.83 +5.09	Q
	50m: 34.48 100m: 1:11.06 (36.58) 150m: 1:48.64 (37.58) 200m: 2:26.16 (37.52) 250m: 3:03.72 (37.56) 300m: 3:41.50 (37.78) 350m: 4:19.11 (37.61) 400m: 4:55.92 (36.81)						
7	 Tate Pichon	S19	29 	0.82	550	5:02.30 Entry: 4:54.35 +7.95	Q
	50m: 32.40 100m: 1:08.23 (35.83) 150m: 1:44.99 (36.76) 200m: 2:23.36 (38.37) 250m: 3:02.29 (38.93) 300m: 3:42.52 (40.23) 350m: 4:23.29 (40.77) 400m: 5:02.30 (39.01)						
8	 Jack Bugler	S14	23 	0.82	541	5:01.22 Entry: 4:35.08 +26.14	Q
	50m: 36.68 100m: 1:15.20 (38.52) 150m: 1:53.43 (38.23) 200m: 2:32.26 (38.83) 250m: 3:10.38 (38.12) 300m: 3:49.30 (38.92) 350m: 4:25.93 (36.63) 400m: 5:01.22 (35.29)						
9	 Lance Dustow	S19	25 	0.95	489	5:14.36 Entry: 5:13.12 +1.24	
	50m: 35.16 100m: 1:14.80 (39.64) 150m: 1:55.83 (41.03) 200m: 2:36.69 (40.86) 250m: 3:17.06 (40.37) 300m: 3:56.84 (39.78) 350m: 4:36.22 (39.38) 400m: 5:14.36 (38.14)						

9



Jonty Howland

S6 15

0.66

489

6:05.10

-7.14

Entry: 6:12.24

50m: 41.39 100m: 1:26.60 (45.21) 150m: 2:12.99 (46.39) 200m: 2:59.11 (46.12)

250m: 3:46.00 (46.89) 300m: 4:32.45 (46.45) 350m: 5:19.28 (46.83)

400m: 6:05.10 (45.82)